



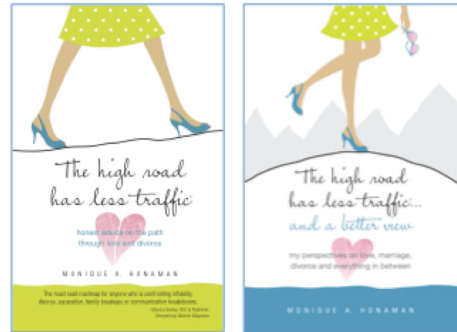
Monique Honaman



The high road has less traffic

Part auto-biography/part self-help, Monique's first book, "*The High Road Has Less Traffic: honest advice on the path through love and divorce*," (2010) shared her personal journey through divorce. The second book in the series, "*The High Road Has Less Traffic ... and a better view*" (2013) is all about providing perspectives.

She is not a divorce attorney, nor a clinical psychologist, or a marriage therapist ... just a regular person like you — having experienced the complexities of love, marriage, divorce, parenting, dating, remarriage, and everything in between. Her goal is to share perspectives from life along the way that are inspiring, motivating, and thought-provoking ... and, of course, at times witty, sarcastic, and challenging. In the spirit of giving back, a portion of proceeds from speaking engagements and book sales are donated to organizations that help families transition through divorce.



Monique is also a partner in *ISHR Group* which provides global solutions in the area of leadership assessment, development and coaching. She started her career with GM, and later joined GE. She earned certification as a Six Sigma Quality Black Belt, and is a certified practitioner of the Herrmann Brain Dominance Instrument (HBDI) and the Birkman Profile.

Monique received her B.A. from the University of Michigan, a Masters of Labor and Industrial Relations from Michigan State University, and a Juris Doctorate from Albany Law School. In 2007, Monique was profiled by the *Atlanta Business Chronicle* as one of the "40-Under-40" and named one of the "Enterprising Women of the Year" by *Enterprising Women Magazine*. She was named a "2011 Women Business Enterprise (WBE) Star" by the Women's Business Enterprise National Council (WBENC), and a 2012 POW! Winner by Womenetics. She is a member of the Women Presidents Organization (WPO), the Zoo Atlanta Leadership Council, and the Emerge Leadership Council. Her articles have appeared in *Enterprising Women*, *Shape*, and *Focus on the Family*. She is a regular contributor to *The Huffington Post*, *HopeAfterDivorce.com*, *eHarmony.com*, *FamilyShare.com*, and *DivorcedMoms.com*, and recently appeared on NBC's *The Today Show*.

Monique lives in Atlanta, Georgia, with her husband, Justin, and her two children. In her free time, she enjoys being outside, traveling, boating, reading books and taking photographs.

For more information, please contact:

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